

PATIENT INSTRUCTIONS

Your specimen should be collected 8 – 16 weeks following your vasectomy.

- Abstain from sexual intercourse for at least 3 days and not longer than 7 days prior to test.
- **DO NOT** use a condom or any form of lubricant.
- Obtain specimen by masturbation or withdrawal method.
- Collect the entire specimen into the container provided.
- Ensure your **name** and **date of birth** are clearly written on the container
- Ensure the **date** and **time of collection** are written on the form.
- Return the specimen and request form to any Northland Pathology Collection Centre **before 4 PM when in Whangarei, or before 10 AM elsewhere**, for transport to the main laboratory.

NOTE: In a small percentage of patients, sperm may be seen for several weeks after the vasectomy. If this is the case for your specimen, you will have to submit another specimen and deliver it to the collection centre below **within one hour of collection** at:

11 Rust Avenue Whangarei, between the hours of:

- 8 am – 4.00 pm : Monday to Friday

NOTE: Please arrange to produce the specimen at this Northland Pathology Collection Centre, if the specimen cannot be delivered within 1 hour to this Collection center.

Please complete the questionnaire below:

- Patients full name.....
- Date and time of collection.....
- Is this a complete specimen? Yes.....No....
- Number of days since last ejaculation.....
- Specimen kept warm? Yes.....No.....
- Date of Vasectomy.....

For further information, please call 09 438 4714

SEMEN FOR POST VASECTOMY TESTING